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March/April 2013

MAYOR'S REPORT BY MAYOR JOHN D. LINK

Once a year our Fire/EMS Departments vote to recognize and give out awards to the Firefighter of the Year, and the EMT of the Year. This year's Firefighter Award goes to Elliott Epping; and the EMT Award goes to Jonathan Wylie. Also honored was Jeannie Rohan for her years of service as the Assistant Chief of EMS. Mr. Joe Landwehr has retired with forty years of service. Congratulations to you all, and to the employees and volunteers for their outstanding performances in 2012, as well as to Elliott, Jonathan, Jeannie, and Joe!

We'd like to thank our residents and friends who supported our weekly Fish Fry at the Edgewood Senior Center. All of the proceeds that are raised go to a needy Edgewood family at Christmas time. We are glad you came and enjoyed the food.

With Spring just around the corner, to help you clean out the garage and basement, don't forget our City Yard Sale, on May 18th. Any items you don't sell we will pick up and take them to one of the charities. This way you can begin the Summer with a fresh start.

Your \$4.26 for the 911 fee that was on your communication services bill should have been credited back to you. Your annual county tax bill will now reflect the 911 fee charges.

Again this Spring, the Service Line Warranties of America - Utility Service Partners, from Canonsburg, PA, will send out their mailing promoting their water and sewer line programs. Since the programs are linked with the National League of Cities, we have been very pleased with the services that they have provided to our residents. The feedback we received from our residents has been very favorable too. The prescription card has worked just as well for those prescriptions not covered by your insurance company. If you have any questions, please call our staff at 331-5910.

Presently, our Public Works Department and our Staff have been traveling the city in review of streets that need to be replaced or repaired. We should have the list within the next month for us all to assess. Our Public Works Department will continue to work on the smaller street projects before we start the major ones.

I'd like to thank and welcome all of the new residents that have chosen Edgewood as their new home. As you read on, we have some exciting events forthcoming.

Two foods for thought: Name the only food that does not spoil. Which human lung is smaller than the other.

Look forward to seeing you all at one of the up and coming events!

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LEISURE TIME

with *Laney...*

by Recreation Director
Elaine Hoblik

SPRING ZUMBA CLASSES

If you missed the first session, you have another chance to get in on the fun. Ditch the workout, join the party! The Zumba program fuses hypnotic Latin rhythms and easy-to-follow dance moves to create a one-of-a-kind fitness program that will blow you away. The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Add some Latin flavor and international zest into the mix and you've got a Zumba class! The classes will be held on Tuesday evenings at 6 p.m. beginning March 5th-April 23rd. The cost is \$40 for the eight week session. All classes will be held at the Senior Center. You must pre-register for the class. Registration forms are available at the city building.

4th of July Parade Theme

For those you who want to start your float designs, our theme this year will be "Music of America".

FREE GOLF CLINIC FOR ALL AGES

Edgewood residents and guests are invited to an exclusive free golf clinic co-sponsored by Edgewood Recreation and The Golf Courses of Kenton County. This event is open to all age groups. The clinic and complimentary golf instruction will take place on Saturday, April 13, starting at 10:00 AM. Check-in starts at 9:45 am. For an hour and a half the staff will demonstrate some basics then assist as many as they can with individual tips. The clinic will take place on the practice tees of The Golf Courses of Kenton County, located at 3908 Richardson Road in Independence. Please send them an email at wevegotyourgame@kentoncounty.org or call the clubhouse to register at 371-3200. Mark your calendars! Check-in starts at 9:45 a.m.

CITY AUCTION

The city will be having an auction on Saturday, April 13th at 9:30 a.m.; it will be held at the Public Works Building located at 553 South Loop Road (behind St. Elizabeth). There will be vehicles, computers, furniture, filing cabinets, tools and lots of miscellaneous equipment/items. Please join us!

EDGEWOOD'S "AMAZING RACE" ROAD RALLY

Edgewood's version of the "Amazing Race" will be held on Saturday, April 20, at 6:30 p.m., at the Senior Center. If you haven't tried this, you don't know what you are missing. Teams can be families, friends, neighbors, seniors or any group of 2-6 people. Teams will have two hours to take photographs, gather items, complete challenges and solve puzzles and then return to the senior center. Pizza and drinks will be provided while judges tally the scores. Prizes will be awarded for 1st - 3rd place. Teams will need to bring a digital camera with a large enough screen for viewing photos. You may use your cell phone if the photos can be easily viewed and are of a good quality. If a photo can not be seen clearly you will not receive points for the photo. You must pre-register for this event; space is limited to the first 25 teams to sign-up. Stop in to the city building to sign up, the cost per group is \$25. If you have any questions call Elaine Hoblik at 331-5910.

SUMMER SOFTBALL LEAGUES

Recreational summer softball leagues are being offered on Wednesday nights for Men and on Sunday nights for Coed teams. League play will begin May 1st. The entry fee is \$330. This year the teams will provide the umpire with on field pay, \$12 per team. If a team forfeits the game they pay the full fee of \$24. The home team will also be responsible for the 2 game balls. Entry deadline is April 12th (or until league fills). Registration forms are available at the city building or email Elaine Hoblik at eh@edgewoodky.gov. Leagues will be filled on a first-come, first-serve basis.

WALKING CLUB

The Recreation Committee will start our walking club "Blazing Trails" on April 17th. With so many different schedules, we will be having meetings at 10 a.m. and 7 p.m. gathering under the Washington Pavilion in Presidents Park. Take your first steps towards living a healthy life today by finding a walking partner near you. You and your walking partner can set-up your own schedule, exchange email and start walking. Walking is a wonderful workout for everyone. You can make it easier by moving slowly and taking breaks, or harder by carrying resistance like a backpack and move faster. Looking forward to seeing all of you April 17th!

SUMMER VOLLEYBALL LEAGUE

A recreational summer coed volleyball league is being offered on Wednesday evenings beginning May 1. The entry fee is \$180. Entry deadline is April 19. Registration forms are available at the city building or email Elaine Hoblik at eh@edgewoodky.gov. Leagues will be filled on a first-come, first-serve basis.

Historic Cancer Research Effort Being Done Through American Cancer Society, St. Elizabeth Healthcare

St. Elizabeth Healthcare in Edgewood is partnering with the American Cancer Society to provide a historic study to the region that has the potential to change the face of cancer for future generations. The American Cancer Society's Cancer Prevention Study-3 (CPS-3) will be conducted through St. Elizabeth Healthcare in Edgewood (Rooms L and M) during Thursday, April 18, from 3-6:30 p.m., and Friday, April 19, from 7-10:30 a.m.

Those eligible are men and women, ages 30-65, who have not had a prior cancer diagnosis, and who are willing to be part of a 20-30 year study. The study also involves a baseline medical history, follow-up surveys, a waist measurement and small blood draw at the time of enrollment.

Eligible participants are encouraged to go online to www.cps3noky.org schedule an appointment date and time now.

Previous Cancer Prevention Studies have played a major role in understanding cancer prevention and risk. Those studies confirmed the link between cigarette smoking and lung cancer, and demonstrated the link between larger waist size and increased death rates from cancer and other causes. CPS-3 will help researchers better understand the lifestyle, environmental, and genetic factors that cause or prevent cancer.

For more information, visit cancer.org/cps3 or call toll-free 1-888-604-5888 or contact Lisa Meier, health initiatives representative for the American Cancer Society, at (859) 372-7886.

DID YOU KNOW?

Did you know that in the 1880s Dudley Pike from Kentucky 17 to the top of the hill was a toll road? The toll house was located mid-way up the hill approximately where the small one-room house is now. For those who did not want to pay that toll they would come up Horsebranch to a point on Dudley near the present day Prestwicke via a much more rural connector road that is long gone. As people debate about the Brent Spence Bridge and the potential for tolls, it is interesting to think that they were once quite common all around our area. If you have any historical items related to our community, photographs, slides, 8mm movies or other paraphernalia depicting years gone by, we would be very interested in producing a copy for our archive. Please contact the City Building or Ben Barlage at BenBarlage@aol.com.

PERENNIAL SWAP

Attention all gardeners, the city is sponsoring a perennial swap at the Noll Shelter in Freedom Park on Saturday, May 4, at 10:00 a.m. Start planning your gardens now. If you have any plants you need to divide, please do so and share them with your neighbors. The city will have daylilies on hand. Any unwanted perennials can be donated to the parks department. **Please have labels or descriptions of your plants to give to the new owners.** If you would like to participate please call Elaine Hoblik at 331-5910 for further information.

CITY WIDE YARD SALE MAY 18TH

The Freedom Park Yard Sale will be held May 18 from 9 am-12 pm. Edgewood residents can purchase an area equivalent to two parking spaces for \$20 which includes a table and two chairs. You may purchase more than one space if you need it. Vendors may **box up** and leave any unwanted items they do not want to take back home. Public Works will take those items to Goodwill.

RUMPKE'S WASTE COLLECTION AND RECYCLING - 472-7339

COMMUNITY CPR CLASSES

Edgewood Fire Department would like the opportunity to offer Community CPR at a minimal cost to all of our residents. We feel educating our residents can be very valuable to assist our families and friends if the need were ever to arise. Unfortunately we must limit this to Edgewood residents.

Our tentative dates are 3/23/13, 6/22/13, 9/21/13. Please call the Fire Department at 859-414-6424 and leave your contact information. One of our instructors will contact you within 24-48 hours to answer any questions and provide you with the details. Please understand there a limited number of spots available for each class. We look forward to hearing from you.

REMINDER! PROPERTY TAX BILLS ARE DUE APRIL 30th.

JUST A REMINDER-GARBAGE CANS

Garbage cans are not to be left out between 5:00 p.m. on the day before any day scheduled for the collection of any garbage or other solid waste material and 9:00 a.m. on the day thereafter collection.

DISCOUNT PRESCRIPTION CARDS ARE AVAILABLE AT THE CITY BUILDING OR YOU MAY PRINT ONE AT <http://www2.caremark.com/nlc/>.

A note from your Fire and EMS Department . . .



Our fish fries have started and will be held every Friday during Lent for 7 weeks including Good Friday. This is becoming known as one of the best in the area and a great value. If you haven't joined us before, please come up and if you have, we look forward to serving you again. Our menu consists of fried fish, baked fish, chicken nuggets, fried shrimp, fries, onion rings, and hot dogs for the kids, slaw and macaroni and cheese along with a choice of desserts. This is held at the Senior Center and doors open at 5:00 until 8:00. We also offer carryout. You are welcome to call and we will have your order ready! The carryout number is 331-0033.

Mark your calendars for our annual recruit drive. It is right around the corner in April. We will be accepting applications for those interested in becoming a volunteer and going to school to become an EMT or firefighter (or both). Please stop by during business hours and complete your application for consideration in becoming a member of our department. Our orientation class will begin towards the end of May with orientation starting in June. We have some applications on file and will be contacting you as well. This is only held annually so don't let another year go by if you are interested.

Fireman Mike Says... by Firefighter Mike Constantino



Let me start by reminding you that Daylight Savings Time began on Sunday, March 10th. While you were changing your clocks one hour ahead, be sure to change the battery in your smoke detectors too! Also check the date on the smoke detector to see if it has expired. Most smoke detectors are good for 10 years so replace if needed.

As part of spring cleaning make sure to take a few minutes to clean up and brush off your safety plans as well:

- Remove all hazards.
- Clean-up work areas. Put dangerous tools, adhesives, matches or other work items away and out of any child's reach.
- Check fire protection and safety equipment. Make sure all doors and windows open easily and are accessible for quick escapes.
- Make sure your street numbers are posted properly and are visible.
- Practice your escape plan. Even the best plan is no good if it's not practiced.